

Choosing Wisely Canada Nursing Lists



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Credits

Thank you to Dr. Wendy Levinson, Chair and Karen McDonald, Project Manager at Choosing Wisely Canada as well as Melissa Panton, Medical Surgical RN for some content

Objectives

- Describe the Choosing Wisely campaign
- Outline the development process for the Canadian Nurses Association's lists
- List the IPAC-related items in the general nursing list
- Highlight the Choosing Wisely Canada IPAC Nursing List items

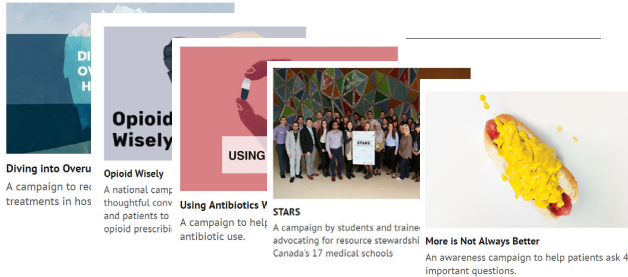
Campaign Overview

Choosing Wisely Canada is a campaign to help clinicians and patients engage in conversations about unnecessary tests and treatments and make smart and effective choices to ensure high-quality care

Levels:

- International
- National
- Provincial and Territorial
- Local

National Campaigns



Diving into Overuse
A campaign to re-examine treatments in hospitals

Opioid Wisely
A national campaign to encourage thoughtful conversations and patients to opioid prescriptions

Using Antibiotics Wisely
A campaign to help antibiotic use.

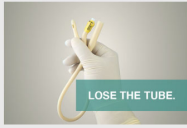
STARS
A campaign by students and trainees advocating for resource stewardship at Canada's 17 medical schools

More is Not Always Better
An awareness campaign to help patients ask 4 important questions.

Provincial and Territorial Campaigns



Local Campaigns



Toolkit: Lose the Tube

A toolkit for appropriate use of urinary catheters in hospitals. Sunnybrook Health Sciences Centre reduced inappropriate catheterization by 50% using the approach in this toolkit.

<https://choosingwiselycanada.org/campaign/local-campaigns/>

Operating Principles for Top 5 Lists

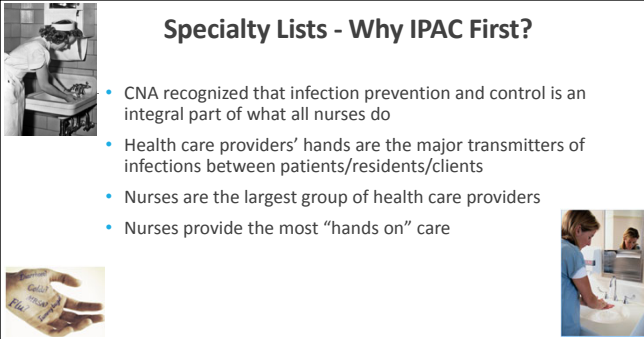


List components

1. List items
2. Under each item a brief (2 - 4 lines) rationale for each item
3. Short paragraph describing how the list was created
4. Key references for each item

Specialty Lists - Why IPAC First?

- CNA recognized that infection prevention and control is an integral part of what all nurses do
- Health care providers' hands are the major transmitters of infections between patients/residents/clients
- Nurses are the largest group of health care providers
- Nurses provide the most "hands on" care



Our Team

IPAC Choosing Wisely Nursing List Working Group

Region	Representative	Province/Territory	Role/Location
Central	Madeleine Ashcroft	ON	Regional IPAC Specialist/PHO
West	Vi Burton	SK	IC Nurse/Kelsey Trail Health Region, Nipawin
East	Alisa Cuff	NL	Regional Infection Control Nurse/Central Health
North	Karen Pardy	NT	ICP & Occ. Health Coordinator/Stanton Territorial Health Authority, Yellowknife
West	Craig Pienkowski	BC	ICP/Vancouver General Hospital
East	Patsy Rawding	NS	Health Protection Consultant/NS Health Authority
Central	Ramona Rodrigues	QC	CNS/Montreal General Hospital
North	Samantha Stewart	YT	ICP/Yukon Hospital Corporation, Whitehorse
CNA	Karey Shuhendler	CNA	Program Lead, Public Policy

Our Process

- Reviewed 232 existing recommendations from the Canadian and US lists
- Created 66 novel evidence-based items specific to IPAC
- Appraised all items for relevance, broad application, and associated risk
- 2 rounds of a modified Delphi process, to refine the list to 30 items
- Final consensus on 8 items, confirmed by literature review/supporting references

More Lists

[Six Things Nurses and Patients Should Question](#) (2018) — Gerontological Nursing (CNA and CGNA)

Additional lists developed by (or in partnership with) nurses:

[Five Things Clinicians and Patients Should Question](#) (2017) — Critical care (Canadian Critical Care Society, Canadian Association of Critical Care Nurses, and Canadian Society of Respiratory Therapists)

[Nine Things Nurse Practitioners and Patients Should Question](#) (2017) (Nurse Practitioner Association of Canada)

Reflections



- We all rely on nurses to use IPAC best practices, whatever their role
- Nurses strongly impact the health of patients – they need to know and use IPAC best practices
- This creative initiative has value for IPAC Professionals, nurses, and patients/residents/clients
- An additional tool that challenges the status quo via simple evidence-based statements
- We think more about what we are doing and recommending

Next Steps

Communication to nurses and IPAC professionals – sharing at every opportunity

- Social media – Twitter, Facebook
- Email
- Present at conferences
- Publish in journals
- Tell everyone!

Challenge to ensure nurses recognize recommendations span settings

Suggestions for enhancing implementation:

- Toolkit
- Champions – walk the talk!
- Make it fun and engaging



For more information

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