## Dear CHICA Member:

I would appreciate your assistance with a complex issue.

There is a large array of surgical equipment from different manufacturers each with varying sterilization recommendations. These variable steam sterilization requirements can be difficult if not impossible to comply with.

I would be grateful if you would take a moment to provide an answer to the following question. A summary of the responses will be circulated back after this information is compiled.

## The 3 Questions:

- 1. At your institution, have you adjusted your steam sterilization parameters [exposure time and temperature] to comply with different manufacturer recommendations [especially European companies like Depuy and Synthes]?
- 2. What process did you follow to reach your decision to adjust the cycles?
- 3. What steam sterilization parameters do you use with each of the instrument sets listed below?

Below are some steam sterilization recommendations for different manufacturers:

SYNTHES: (all instrument sets) Pre-vac (wrapped) 132-135°C F 8 minutes exposure:

DEPUY: (single & dual insert sets) Pre-vac 132-135 °C 14 minutes exposure:

DEPUY: (Multiple (3-4) insert sets) Pre-vac 132-135 °C 40 minutes exposure:

WRIGHT MEDICAL: (all instrument sets) Pre-vac 132°C 5 minutes exposure / 15 minutes dry time:

ARTHREX (LASWELL): (all instrument sets) 132-135 °C 5 minutes exposure:

BIOMET: (all instrument sets) 132-134 °C 5 minute exposure / 8 minute dry time:

ASCENSION ORTHOPEDICS: (MCP INSTRUMENT SET) 132 °C 5 minute exposure / 30 minute dry time:

Please reply to: zoutmand@kgh.kari.net

Thank you very much! Dick Zoutman MD FRCPC CHICA-Canada Physician Director